Evaluation of a machine learning algorithm for up to 48-hour advance prediction of sepsis using six vital signs

Christopher Barton\textsuperscript{a}, Uli Chettipally\textsuperscript{a,b}, Yifan Zhou\textsuperscript{c,d}, Zirui Jiang\textsuperscript{c,e}, Anna Lynn-Palevsky\textsuperscript{c}, Sidney Le\textsuperscript{c}, Jacob Calvert\textsuperscript{c}, Ritankar Das\textsuperscript{a,}\textsuperscript{*}

\textsuperscript{a} Department of Emergency Medicine, University of California San Francisco, San Francisco, CA, USA
\textsuperscript{b} Kaiser Permanente South San Francisco Medical Center, South San Francisco, CA, USA
\textsuperscript{c} Dascena Inc., Oakland, CA, USA
\textsuperscript{d} Department of Statistics, University of California Berkeley, Berkeley, CA, USA
\textsuperscript{e} Department of Nuclear Engineering, University of California Berkeley, Berkeley, CA, USA

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\textbf{ABSTRACT}

Objective: Sepsis remains a costly and prevalent syndrome in hospitals; however, machine learning systems can increase timely sepsis detection using electronic health records. This study validates a gradient boosted ensemble machine learning tool for sepsis detection and prediction, and compares its performance to existing methods.

Materials and methods: Retrospective data was drawn from databases at the University of California, San Francisco (UCSF) Medical Center and the Beth Israel Deaconess Medical Center (BIDMC). Adult patient encounters without sepsis on admission, and with at least one recording of each of six vital signs (SpO\textsubscript{2}, heart rate, respiratory rate, temperature, systolic and diastolic blood pressure) were included. We compared the performance of the machine learning algorithm (MLA) to that of commonly used scoring systems. Area under the receiver operating characteristic (AUROC) curve was our primary measure of accuracy. MLA performance was measured at sepsis onset, and at 24 and 48 h prior to sepsis onset.

Results: The MLA achieved an AUROC of 0.88, 0.84, and 0.83 for sepsis onset and 24 and 48 h prior to onset, respectively. These values were superior to those of SIRS (0.66), MEWS (0.61), SOFA (0.72), and qSOFA (0.60) at time of onset. When trained on UCSF data and tested on BIDMC data, sepsis onset AUROC was 0.89.

Discussion and conclusion: The MLA predicts sepsis up to 48 h in advance and identifies sepsis onset more accurately than commonly used tools, maintaining high performance for sepsis detection when trained and tested on separate datasets.

1. Introduction

Sepsis remains one of the most prevalent and costly syndromes in hospitals nationwide. Formerly classified in a three tier system progressing from sepsis to septic shock, sepsis was recently redefined as a two tier progression from sepsis (encompassing severe sepsis) to septic shock [1]. Sepsis is often life-threatening, with reported mortality rates of 25–40% in recent literature [2,3]. Sepsis also places a cost burden of approximately $24 billion on the U.S. healthcare system annually [4]. Promptly diagnosing sepsis and intervening before progression to septic shock has been associated with increased patient survival and reduced hospital length of stay [5,6]. Sepsis is characterized as organ dysfunction resulting from a systemic inflammatory response to infection; however, the source of infection and the host response can vary greatly by patient, leading to difficulties in rapid detection. Consequently, a recent focus in medical research has concerned automated patient surveillance for timely detection of sepsis in hospitalized patients.

The widespread implementation of electronic health records (EHRs) in hospitals have made automated clinical decision and prediction systems more feasible, potentially improving the surveillance and treatment of complex syndromes [7]. Such systems provide alerts and suggestions by transforming a patient’s medical data into clinically accessible information in order to enhance patient care [8]. Currently, most methods for sepsis detection use rules-based gold standards to generate alerts and guidelines, and few have been developed with predictive capabilities [9–11].

Rules-based sepsis scoring systems commonly used in the clinical
setting include the Systemic Inflammatory Response Syndrome (SIRS) criteria [12], the Sequential Organ Failure Assessment (SOFA) score [13], and the Modified Early Warning Score (MEWS) [14]. Several studies have implemented versions of these scoring systems into EHRs [9–11]. While these tools may demonstrate high sensitivity, they provide suboptimal specificity, and are not designed to predict sepsis development. Furthermore, diverse patient populations and the heterogeneity of infection source may not be accurately represented in rules-based scores. In contrast, machine learning-based prediction tools have the potential to provide advance notice of sepsis risk, higher specificity, and more generalizability, potentially enabling clinicians to intervene earlier while also reducing the burden of false alarms.

We have developed a machine learning-based sepsis prediction algorithm using patient EHR data as input, and previously have validated its ability to predict sepsis, severe sepsis, and septic shock up to 4 h prior to onset [15–17]. Our prior studies have been conducted on a single center critical care population.

In this study, we define sepsis according to the more recent definition of Singer et al. [1]. We aim to assess the retrospective performance of the machine learning algorithm further in advance, up to two days prior to sepsis onset, on a mixed-ward data set using only vital sign inputs. Further, we aim to evaluate the algorithm’s robustness through cross-population validation, and compare the performance to that of commonly used rules-based scoring systems.

2. Materials and methods

2.1. Ethics approval and consent to participate

Before receipt of datasets, all patient records were de-identified according to the Health Insurance Portability and Accountability Act (HIPAA) standards. Collection of data did not impact patient safety. Approval for this study was granted by the Institutional Review Board (IRB) at UCSF.

2.2. Measurements

Sepsis risk scores were generated by analyzing patient measurements of each of the six following vital signs: systolic blood pressure, diastolic blood pressure, heart rate, respiratory rate, peripheral oxygen saturation (SpO2), and temperature. Patient encounters were required to have at least one of each vital sign recorded for inclusion in the study. We used only these vital signs to generate features to determine sepsis risk scores. These measurements were selected because they are relevant to the onset of sepsis, and are routinely collected without a pre-existing clinical suspicion of sepsis.

2.3. Data sources

The data used in this study were collected from the University of California, San Francisco Medical Center (UCSF; San Francisco, CA), and the Beth Israel Deaconess Medical Center (BIDMC; Boston, MA). The UCSF data set contained 17,467,987 inpatient and outpatient encounters from the Parnassus Heights, Mission Bay, and Mount Zion campuses from June 2011 to March 2016. Of the 96,646 inpatients over the age of 18, 95,869 had at least one recording of each vital sign. From these encounters, we further limited our selection to those patients with hospital stays between 7 and 2000 h, which ultimately left 91,445 patients in our final cohort (Fig. 1). We used subsets of this final cohort in our 24- and 48-h lookahead analyses, depending on patient length of stay. The data from UCSF were collected in the intensive care unit (ICU), emergency department (ED), and floor units; thus, different levels of data collection frequency and care provision were captured in this cohort. We were unable to determine the location of a patient at a given point in time, because the data did not include unit transfer timestamps. BIDMC data were obtained from the Medical Information Mart for Intensive Care III (MIMIC-III) v1.3 database, compiled by the MIT Laboratory for Computational Physiology and their associated collaborators [18]. 61,532 BIDMC ICU encounters from 2001 to 2012 are documented in this database. Of the 52,902 inpatient encounters for which the patient was at-or-over the age of 18, 21,507 had at least one recording of each vital sign and were included in the final cohort. Excluded adult inpatient encounters had one or more vital signs for which there were no recorded measurements, and were not necessarily missing measurements of all vital signs.

2.4. Outcomes and procedures

The primary outcome measured was the algorithm’s ability to identify septic patients at the time of onset and 24 and 48 h prior to onset. The algorithm’s performance was determined using the area under the receiver operating characteristic (AUROC) curve metric. PostgreSQL (PostgreSQL Global Development Group; Berkeley, CA) database queries were written to extract and store measurements in comma separated value (CSV) files [19]. The six vital signs (heart rate, respiratory rate, temperature, SpO2, systolic blood pressure, and diastolic blood pressure) were the only inputs used to generate features for sepsis risk predictions. If a patient did not have at least one new measurement for every hour preceding their defined onset time, the missing value was determined with carry-forward imputation using the patient’s previous recorded value. In the case of multiple measurements within an hour, the mean was calculated and used in place of an individual previous recorded value. The algorithm’s performance was determined using the area under the receiver operating characteristic (AUROC) curve metric.

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2.5. Data analysis

The data used in this study were collected from the University of California, San Francisco Medical Center (UCSF; San Francisco, CA), and the Beth Israel Deaconess Medical Center (BIDMC; Boston, MA). The UCSF data set contained 17,467,987 inpatient and outpatient encounters from the Parnassus Heights, Mission Bay, and Mount Zion campuses from June 2011 to March 2016. Of the 96,646 inpatients over the age of 18, 95,869 had at least one recording of each vital sign. From these encounters, we further limited our selection to those patients with hospital stays between 7 and 2000 h, which ultimately left 91,445 patients in our final cohort (Fig. 1). We used subsets of this final cohort in our 24- and 48-h lookahead analyses, depending on patient length of stay. The data from UCSF were collected in the intensive care unit (ICU), emergency department (ED), and floor units; thus, different levels of data collection frequency and care provision were captured in this cohort. We were unable to determine the location of a patient at a given point in time, because the data did not include unit transfer timestamps. BIDMC data were obtained from the Medical Information Mart for Intensive Care III (MIMIC-III) v1.3 database, compiled by the MIT Laboratory for Computational Physiology and their associated collaborators [18]. 61,532 BIDMC ICU encounters from 2001 to 2012 are documented in this database. Of the 52,902 inpatient encounters for which the patient was at-or-over the age of 18, 21,507 had at least one recording of each vital sign and were included in the final cohort. Excluded adult inpatient encounters had one or more vital signs for which there were no recorded measurements, and were not necessarily missing measurements of all vital signs.
as in Jaimes et al. [12]. We computed each patient’s MEWS score [14] as in Fullerton et al. [20]. The qSOFa score was calculated as in Singer et al. [1]. Although the SOFA score is part of the gold-standard sepsis definition, we also evaluated its capacity as a standalone detector of sepsis onset. Calculation of these scores required the creation of CSV files for PaO₂, FiO₂, Glasgow Coma Scale, vasopressor doses, bilirubin level, platelet count, and white blood cell count.

The Sepsis-3 gold standard was based on the 2016 consensus definition which defined sepsis as “life-threatening organ dysfunction caused by a dysregulated host response to infection,” with organ dysfunction defined as a change in Sequential Organ Failure Assessment (SOFA) score of ≥2 points [1]. We followed the definition proposed by Seymour et al. for identifying changes in SOFA score [21]. We identified suspicion of infection as either a culture drawn together with antibiotics administered within 24 h, or antibiotics administered together with a culture drawn within 72 h. This method adheres to the retrospective validation of Seymour et al. [21]. We designated the first time that both the SOFA score and infection thresholds were met as the time of sepsis onset.

Of the 91,445 encounters from UCSF satisfying the inclusion criteria of Fig. 1, there were 2649 encounters meeting the Sepsis-3 criteria, for a prevalence of 2.9%. Of the 21,507 BIDMC encounters, 1024 met the Sepsis-3 criteria, for a prevalence of 4.8%. Together, the 112,952 encounters had an overall Sepsis-3 prevalence of 3.3%. We note that many encounters meeting the Sepsis-3 criteria had an associated time of sepsis onset occurring within the first 7 h of stay and were therefore excluded by the final step of the inclusion criteria.

Patients who never developed sepsis were assigned an “onset time” at random according to a continuous, uniform probability distribution, as negative class examples. Data collected at and before the patient’s onset time were used to generate the algorithm’s risk scores. In order to enable prediction windows, all patient encounters presenting a diagnosis of sepsis on admission, or those for which sepsis was diagnosed within 7 h of admission, were excluded from analysis.

Before training the classifier, patient encounters were divided into subgroups depending on length of stay. For example, if a patient spent 25 h in the hospital before developing sepsis, the patient encounter was included in 24-h prediction experiments, but could not be included in the 48-h experiments. Respectively, of the 20,590 BIDMC and 89,000 UCSF encounters with at least 24 h of stay data, 107 and 267 encounters had a Sepsis-3 diagnosis, after spending at least 24 h in the hospital. Of the 20,533 BIDMC and 88,887 UCSF encounters with at least 48 h of stay data, 50 and 97 encounters had a Sepsis-3 diagnosis after spending 48 h or more in the hospital, respectively. The few encounters with an onset time exceeding 2000 h in the hospital were excluded to limit the size of the computation matrices.

2.5. The machine learning prediction algorithm

Gradient boosted trees were used to create the classifier, using scores from an ensemble of trees to calculate total scores. Predictions were generated from the six patient vital signs at prediction time, 1 h before prediction time, and 2 h before prediction time, as well as the hourly differences in each value. These values for each vital sign were concatenated into a causal feature vector $x$ with 30 elements (five values from each of six measurement channels).

We created the trees in the Python XGBoost package [22]. Each branch of a tree was split by creating two groups of a feature. We limited branching to four, three, and six branches, for 0-h, 24-h, and 48-h prediction, respectively. We did so on the basis of five-fold cross-validation grid search on the training set; we elaborate this below. It was also on the basis of this grid search that we chose the learning rate parameter of XGBoost to 0.05, 0.12, and 0.12, for 0-h, 24-h, and 48-h prediction, respectively. It was not important for us to restrict the maximum number of trees in each ensemble, as this was superseded by the use of early stopping to prevent model overfit. The resulting ensemble was used to iteratively calculate total risk scores; these risk scores were used to determine the presence or likely development of sepsis for each patient.

The UCSF encounters were split into two groups, 80% of encounters were allocated uniformly-at-random to a training set, and 20% of encounters were randomly allocated to an independent, hold-out test set. To perform the hyperparameter grid search, we conducted five-fold cross-validation using only the encounters allocated to the training set. We searched a parameter space around previously reported hyperparameters for a similar prediction task [23,24]. For the maximum number of branchings, we searched integers from 3 to 8 and, for the learning rate, we searched from 0.05 to 0.12 in increments of 0.01. For each lookahead, we selected the combination of number of branchings and learning rate which produced the best average area under the receiver operating characteristic (AUROC) curve across the five folds.

We further divided the 80% training set into ten, equally-sized groups for ten-fold cross validation, again allocating the encounters uniformly-at-random. Nine of these groups were used to train the algorithm, and the remaining group was used to test it. We cycled the algorithm through each of the ten possible combinations of training and testing sets, and also tested each combination on the independent test set. Performance metrics for the MLA were obtained as the average of the performance metrics of the ten cross-validation models, including both the figure-based information and tabular results in the Results section. In particular, we report feature importance scores generated by XGBoost, which represent the number of times each feature was used to split the data across the trees; these scores were averaged across the five folds. Additionally, the cross-validation results were used to calculate standard deviation in AUROC.

As described in the previous section, for 24- and 48-h prediction, we further limited the patient encounter cohorts to those encounters with sufficient stay data. Consequently, there were fewer septic patient encounters in these cohorts, leading to a degree of class imbalance. As opposed to artificially inflating the number of septic patients through minority oversampling, in a way which may not reflect the prospective setting in which such a MLA would be used, we relied on XGBoost’s built-in handling of imbalanced classes [22].

2.6. Cross-population validation methods

The cross-population validation experiments were used to evaluate the algorithm’s sepsis detection performance when trained on one institution’s data set and tested on another with demographic and clinical differences. After training the algorithm on UCSF data, its performance for sepsis detection was tested on BIDMC patient measurements, with no retraining on the target dataset. Testing was performed on the entire dataset. The algorithm was trained as described above, and testing was performed at time of onset only to facilitate comparison with rules-based methods.

3. Results

The final patient population included 91,445 encounters from UCSF, and 21,507 encounters from BIDMC. Demographic information for both patient populations is presented in Table 1. Significant differences between the data sets include the visited hospital units, sepsis prevalences, in-hospital mortality, and age distributions. The BIDMC database contained only ICU stays, while the UCSF dataset contained inpatient encounters across all wards. These dissimilar datasets were chosen to provide an evaluation of the prediction algorithm’s generalizability across diverse patient populations.

At the time of sepsis onset, the machine learning algorithm trained and tested on the UCSF data set demonstrated a higher AUROC (0.88) than the SIRS (0.66), MEWS (0.61), SOFA (0.72), or qSOFa (0.60) scoring systems for the same data set (Fig. 2). A comparison of additional performance measures can be found in Table 2. For these
### Table 1

Demographic characteristics for UCSF and BIDMC cohorts.

<table>
<thead>
<tr>
<th>Demographic Overview</th>
<th>Characteristic</th>
<th>UCSF (%)</th>
<th>BIDMC (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender</td>
<td>Female</td>
<td>54.62</td>
<td>43.87</td>
</tr>
<tr>
<td></td>
<td>Male</td>
<td>45.38</td>
<td>56.13</td>
</tr>
<tr>
<td>Age</td>
<td>18–29</td>
<td>11.50</td>
<td>4.34</td>
</tr>
<tr>
<td></td>
<td>30–39</td>
<td>15.20</td>
<td>4.99</td>
</tr>
<tr>
<td></td>
<td>40–49</td>
<td>13.02</td>
<td>9.73</td>
</tr>
<tr>
<td></td>
<td>50–59</td>
<td>18.62</td>
<td>17.89</td>
</tr>
<tr>
<td></td>
<td>60–69</td>
<td>21.22</td>
<td>22.79</td>
</tr>
<tr>
<td></td>
<td>70+</td>
<td>20.44</td>
<td>40.26</td>
</tr>
<tr>
<td>Length of Stay (days)a</td>
<td>0–2</td>
<td>30.35</td>
<td>49.34</td>
</tr>
<tr>
<td></td>
<td>3–5</td>
<td>38.42</td>
<td>32.38</td>
</tr>
<tr>
<td></td>
<td>6–8</td>
<td>14.21</td>
<td>8.24</td>
</tr>
<tr>
<td></td>
<td>9+</td>
<td>17.02</td>
<td>10.05</td>
</tr>
<tr>
<td>Death During Hospital Stay</td>
<td>Yes</td>
<td>2.19</td>
<td>27.08</td>
</tr>
<tr>
<td></td>
<td>No</td>
<td>97.81</td>
<td>72.92</td>
</tr>
<tr>
<td>ICD-9 Code</td>
<td>Sepsis</td>
<td>5.83</td>
<td>3.48</td>
</tr>
<tr>
<td></td>
<td>Severe Sepsis</td>
<td>3.69</td>
<td>10.19</td>
</tr>
<tr>
<td></td>
<td>Septic Shock</td>
<td>1.85</td>
<td>7.00</td>
</tr>
</tbody>
</table>

Note: The UCSF cohort includes 91,445 patients. The BIDMC cohort includes 21,507 patients.

- UCSF: median 55, IQR (38, 67); BIDMC: median 65, IQR (53, 77).
- UCSF: median 4, IQR (2, 6.32); BIDMC: median 3, IQR (2, 4).

operating points, the specificities of the MLA, SIRS, and SOFA correspond to respective false alarm rates of 0.22, 0.49, and 0.41; in other words, SIRS and SOFA produced 2.22 and 1.86 times as many false alerts as did the MLA.

At 24 and 48 h before onset, the algorithm's AUROC was 0.84 and 0.83, respectively (Fig. 2, Table 2). 89,000 UCSF patients (267 septic) were included to calculate the AUROC at 24 h, and 88,887 UCSF patients (97 septic) were included to calculate the AUROC at 48 h before onset. The diagnostic odds ratio (DOR) at both 24 and 48 h pre-onset was superior to those of the rules-based methods determined at the time of onset (Table 2). When trained on the UCSF database and tested BIDMC data (21,507 patients, 1024 septic) with no retraining, the AUROC value was 0.890.

For each prediction window, we obtained feature importance scores (Supplementary Table 1). The five features with the highest importance scores are collected in Table 3. Across prediction windows, age was the most important feature, with a combination of temperature, heart rate, and systolic blood pressure measurements obtaining the majority of the other highest scores.

### 4. Discussion

In this study, the machine learning-based sepsis prediction algorithm demonstrated increased sensitivity and specificity for sepsis over the commonly used SIRS, MEWS, SOFA, and qSOFA scoring systems at the time of sepsis onset (Fig. 2, Table 2), and demonstrated robustness to training and testing across separate datasets. Based on the results for the UCSF dataset (Table 2), SIRS and SOFA resulted in 2.22 times and 1.86 times as many false alerts as the MLA, respectively, when identifying a similar proportion of sepsis cases at onset. False alerts are problematic in hospital settings, contributing to alarm fatigue which may lead to compromised patient monitoring and care [25–27]. Therefore, high specificity is desirable in a sepsis alert.

The algorithm also demonstrated high sensitivity and specificity when predicting sepsis onset up to 48 h in advance. Interestingly, the performance at 48 h in advance of sepsis onset was roughly equivalent to that 24 h in advance of onset. This may indicate that changes in vital sign measurements relevant to sepsis development may occur well in advance of the detection of organ failure. Other studies have applied machine learning techniques to predict sepsis onset up to 48 h prior to organ failure [28], although these algorithms require significantly more data input including patient histories and laboratory test results. This study demonstrates that high sensitivity and specificity for sepsis can be attained up to 48 h prior to organ failure using only commonly measured vital signs, without requiring laboratory tests which may only be ordered after the initial clinical suspicion of sepsis.

This machine learning approach has potential implications for clinical practice and sepsis management. A recent study has shown that nearly half of patients with severe sepsis (which is similar to the more recent definition of sepsis evaluated in this study), lack sepsis-specific International Classification of Disease (ICD) codes. This study additionally showed that patients with sepsis-specific ICD codes were more likely to receive appropriate sepsis treatment [29]. The significant advance lookahead time provided by this MLA allows for improved risk-stratification of patients, with increased monitoring or more frequent care team assessment for patients with high risk scores. Early recognition of septic patients may facilitate clinical trial enrollment to

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**Fig. 2.** MLA performance compared to those of competing systems and in hours before onset. A) Comparison of ROC and AUROC for MLA and competing rules-based scoring systems at time of sepsis onset in the UCSF patient population. B) ROC curve and AUROC for MLA at 0, 24, and 48 h before sepsis onset for UCSF patient data.

Abbreviations: MEWS, modified early warning score; MLA, machine learning algorithm; qSOFA: quick SOFA; SIRS, systemic inflammatory response syndrome; and SOFA, sequential (sepsis-related) organ failure assessment.
We note that the algorithm demonstrated high performance on the mixed-ward UCSF dataset. Given the high incidence of sepsis in general wards, and the noted benefits of screening for sepsis on such wards [33], we believe these results are encouraging for future experiments in data-sparse environments outside of the ICU. Indeed, the feature importance scores of Table 3 indicate that the common measurements of heart rate, temperature, and systolic blood pressure, along with age, contributed most to the quality of predictions. We may therefore expect the performance of such a tool to be more robust than tools which rely on less commonly measured information in environments outside the ICU.

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4.1. Limitations

Because this study was a retrospective analysis, we cannot make conclusions about the predictive algorithm's performance in a live hospital setting. The algorithm may perform differently on real-time data, particularly when run at different time points than those presented in this study. While these data sets had distinct demographic characteristics and represented different hospital units, both settings were urban research hospitals. Thus, data from different environments, such as community hospitals, may not achieve the same cross-population performance. The study population excluded patients who presented with sepsis on admission; the algorithm may perform differently on patients who are admitted with sepsis. Because we did not require the presence of a sepsis-related ICD code for a positive classification, it is possible that we positively identified patients with similar acute vital sign trends but without sepsis. Algorithm performance may be lower for such patients than for the general population.

The sepsis gold standard used in this study is necessarily an imperfect characterization of sepsis. We nevertheless believe it to be useful in developing a sepsis prediction tool, as demonstrated by the improvements in sepsis-related clinical outcomes seen using sepsis prediction algorithms trained with the same gold standard [31,32].

There are also limitations with respect to the experimental design. The AUROC, sensitivity, and specificity calculated for longer prediction windows were calculated using a smaller patient pool than the shorter prediction window metrics. These results could have been skewed by the smaller patient populations. To account for this uncertainty, we presented confidence intervals alongside the predictive AUROCs.

5. Conclusions

The machine learning algorithm assessed in this study is capable of predicting sepsis up to 48 h in advance of onset with an AUROC of 0.83. This performance exceeds that of commonly used detection methods at time of onset, and may in turn lead to improved patient outcomes through early detection and clinical intervention.

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Conflict of interest statement

CB, YZ, ZJ, ALP, SL, JC, and RD are employees of Dascena, Inc. UC has no conflicts to disclose.

Contributors

CB, UC, and RD conceived and designed this study. YZ, ZJ, SL, and RD performed the experiments. ALP and JC assisted with research and writing. All authors were responsible for data interpretation and statistical analysis. All authors assisted in drafting and revising the manuscript at all stages, and all have approved it in this final form.

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Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.compiomed.2019.04.027.

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